

THE ANNUAL NEWSLETTER OF MH NCC COY



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ISSUE VOL 6 MARCH 2022 #ATHENAS #JEETHUMESHA

NCC – CONSTRUCTOR OF THE STRONG NATION

The National Cadet Corps (NCC) is an organisation governed by the Ministry of Defence, with headquarters in New Delhi, India. It is a tri-service voluntary organisation made up of Army, Navy, and Air Force. With the motto 'Unity and Discipline', the NCC strives to be and is one of the Nation's most powerful cohesive forces. It serves as the body in-charge of providing basic military training that instills a sense of comradeship, courage, honesty, and, above all, patriotism. The year 1917 marks the conceptualization of the NCC, and on July 15, 1948, it came into force with Governor General acceptance.

MIRANDA HOUSE NCC COY

Miranda House has a robust and vibrant NCC programme with a total of 160 cadets, enrolled in the Army Wing.

Miranda House NCC company proudly boasts the fact that some of its senior cadets have been commissioned as officers in the Armed Forces.

''बहुत छोटा है कद-ए-आसमान तेरा, तुझ से ऊंची तो हम हौंसलो की उड़ान रखतें हैं।''

MH NCC COMPANY has always been active even during the pandemic period, and the Coy has successfully organised online webinars for numerous events, awareness programmes, vaccination drives, plantation drives, donation drives, and much more.

क्षितिज से भी ऊंचे हौंसलों के साथ, खुशी के ख़्वाब को ताबीर के सांचे में ढाला है, ये वो बेटियां है जिनसे भारत मां के आंगन में उजाला है।



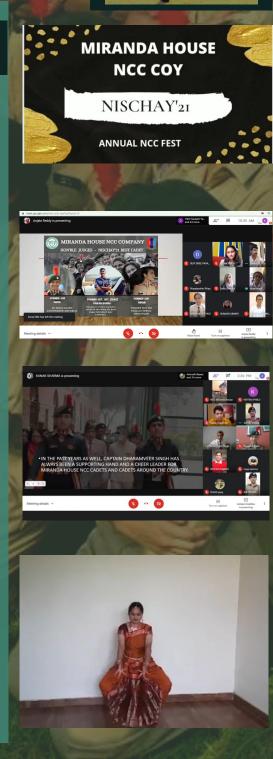
NISCHAY'21

The yearly NCC fest of the MH NCC COY - NISCHAY which is awaited with pleasure each year was held on 7th and 8th April 2021.

The fest was graced by the presence of acting principal Dr. Bijaya Laxmi Nanda and CTO Dr. Archana Khushwaha. The fest was virtually joined in by Captain Dharamveer and Major Rudrashish as guests of honour. An overwhelming response was recorded where 43 NCC companies, a beaming number of 108 cadets from numerous colleges all around, participated with full enthusiasm and vigour that spanned for a period of 2 days. A surfeit of events were organized which included Best Cadet Competition, solo dance competition, singing contest, Tryst with Climax and poetry competition.

Nischay has been and will forevermore be a platform to showcase talents through the various events.

The winners of the events were felicitated with trophies, medals and certificates as a token of their achievements. Nischay 2021 was a brilliantly organized and enthralling event which added another feather to the cap of achievements in possession of the MH NCC COY.



TIMELINE OF EVENTS

JAN'21

CDT Monika visited Rashtriya Swachhata Kendra on January 11th, 2021 to partake in the cleanliness drive. 73rd Indian Army Day was celebrated on 15th January 2021 with a poetry competition. Orientation for the newly recruited batch was also conducted on the same day. On January 26th, 2021 72nd Republic Day was observed by the cadets in presence of the acting principal Dr. Bijaya Laxmi Nanda, CTO Dr. Archana Khushwaha and others in the college premises. Martyrs Day was commemorated on 30th January 2021, with the organisation of a virtual session with Captain Yashika Hatwal Tyagi in collaboration with the Gandhi Study Circle.



Martyr's Day'21



ATC'21 (B Cert)

FEB'21

The Annual Training Camp'21 for B Cert was conducted by 1 DGBn at Kashmere Gate Unit from 24th February 2021 to 26th February 2021, which was pitched in by 63 Cadets from MH NCC Coy.

MARCH'21

From March 8th, 2021 to March 12th, 2021, Annual Training Camp 2021 (ATC '21) for C Certificate was conducted by 1DGBn at Kashmere Gate. The camp aimed at equipping the cadets with practical survival and leadership skills.



ATC'21 (C Cert)

APRIL'21

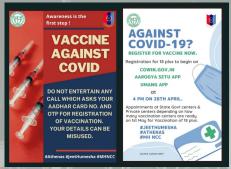
The COY conducted an inspiring webinar on 1st April 2021 at the occasion of 'आह्वान' with Captain Dr. Sunaina Singh.

On 7th and 8th April 2021, MH NCC COY organized it's Annual NCC Fest, Nischay'21 virtually with numerous competitions, enthralling and motivating webinars.

Also on 8th April, during Nischay, Tejaswini - The Annual Newsletter of MH NCC was virtually released.



Nischay'21



Covid vaccine awareness

MAY'21

MH NCC COY encouraged everyone to register themselves for the COVID vaccination drive through their social media outreach, and made the public aware of the Dos & Don'ts, and worked as a mythbuster during the times of pandemic. The COY guided people through every step of the registration process and helped to create an understanding of the entire procedure with the help of memes and other creative media.

JUNE'21

On 3rd June 2021, MH NCC Coy organised a webinar in collaboration with katharsis on the topic, "Emotional Regulation during the Pandemic" with guest speaker Ms. Somya Narang. The MH NCC Coy, the MH NSS Unit and the Department of Physical Education, Miranda house conducted a yoga session on International Yoga Day, 21st June 2021. A week long Certificate Course was also launched. The theme of the course was "Unifying body and mind with Yoga".



International Yoga Day'21



Karwaan 2021

JULY21

An informative webinar on the subject of SSB was organised with the chiefspeaker, Ms. Sammanika Rawat. A webinar was conducted on the occasion of Kargil Vijay Diwas and a week long celebrations for the same continued. JUO Sagarika Bose secured second position in quiz contest conducted during EBSB Camp from 19th July to 24th July.

AUGUST '21

To commemorate the selfless sacrifices of the freedom fighters and Martyrs, an event under the "Azadi ka Amrit Mahotsav" was organised at the VC Lawns on 13th August, 2021. MH NCC Coy observed Independence day on 15th August 2021 in the college premises with the guard of honour. JUO Pragya Goswami participated in EBSB'21 Camp organised from 23rd August 2021 to 28th August 2021.



Independence Day'21

SEPTEMBER'21

SGT Drishti Garg represented MH NCC Coy in the "Ek Bharat Shrestha Bharat" camp hosted from 25th September to 31st September 2021 by Delhi Directorate and pitched in by Kerala and Lakshadweep directorates as guests.



EBSB'21



Ceremonial Drill 2021

OCTOBER'21

On 8th October 2021, to commemorate the 89th Indian Air Force Day, the MH NCC COY formally conducted a ceremonial drill and guard of honour in the college premises itself with the presence of 40 cadets with high spirits and josh. The CTO Dr. Archana Kushwaha graced the occasion with her presence.

NOVEMBER'21

Annual Training camp'21 for B certificate was conducted by 1DGBn from 8th November to 17th November '21 at NCC Bhawan, Rohini. The Annual Training camp'21 for C certificate was conducted by 1 DGBn from 19th November to 28th November 2021 at the NCC Group Headquarters, Kirti Nagar.

L/CPL Neha Bharti and CDT Banoth Shirisha of MH NCC COY pitched in the All India NCC Sikkim-Kanchenjunga trek conducted in Namche district of Sikkim from 16th November 2021 to 22nd November 2021.



ATC (B Cert)



ATC (C Cert)

The All-India NCC girls trekking expedition was held at Ajmer from 17th November'21 to 24th November'21, L/CPL Akshita and L/CPL Sheetal represented MH NCC COY in the trek.



On ground physical selections

DECEMBER'21

On 4th December 2021, a donation drive was organised on the occasion of NCC day. The cadets actively participated by donating blankets, shoes, clothes, books, edibles and other essentials.

CQMS Vanshika Srivastav partook in EBSB Camp, conducted from December 19th, 2021 to December 24th, 2021 between Delhi Directorate and Uttrakhand Directorate.

On 27th December 2021, on-ground physical tests were conducted for recruitment of new cadets.

JANUARY'22

CDT Manasvini made her dream come true by making it to the REPUBLIC DAY CAMP of 2022 and marching onto Rajpath. CPL Anagha M was selected for the Parasailing camp 2022, along with the eleven cadets selected for the PM Rally culturals to perform on 28th January 2022 including, CPL Neelam, CPL Nitesh Kumari, L/CPL Jasica Singh, L/CPL Suman Kumari, L/CPL Shruti Agarwal, CDT Supriya, CDT Priyanshi Kataria, CDT Priya Goswami, CDT Anshika Singh, CDT Tanu Chaudhary and CDT Ardra Ganeshan. CDT Ardra Ganesan and L/CPL Suman Kumari were awarded with ADG Award of Excellence for their tremendous performance. On 14th January 2022, as a part of the 'Azadi ka Amrit Mahotsay' programme, the cadets participated in performing 75 crore 'Surya Namaskars', virtually. On 15th January 2022, Indian Army Day was observed, as a part of which, a webinar was conducted on the topic "Personality development and keeping a positive mindset", with speaker Major Nithi C. J(Retd-). On 23rd January 2022, on the occasion of Parakram Diwas, cadets participated in a webinar on the subject matter of 'An insight of the armed forces with special emphasis on the roles and challenges faced by female officers', by the chief speaker Col. Amardeep Singh. As part of the 73rd Republic day celebration, on 26th January 2022, a virtual quiz was conducted on the theme of 'India's legacy of freedom'. On 30th January 2022, Martyrs' day was observed and a mega awareness drive was conducted, in association with 'Blood Connect Foundation', by the name 'Bant- Le- Bandeya' on the importance of blood donation.





FEBRUARY'22



Webinar - 'NCC & BEYOND'

On 4th February 2022, the occasion of 'World Cancer Day', the MH NCC Coy joined hands with the Miranda house NSS unit to conduct a webinar on the subject of 'Close the gap', it was presented by Dr. Indu Gupta (PT). On 8th February 2022, cadets participated in a webinar on the theme: 'NCC and Beyond', presenting the cadets with the possibilities after NCC training. The esteemed speakers of the day were Col. Amardeep Singh and Col. Mor Ashok. On 15th February 2022, the Coy conducted the annual webinar "AHWAAN" with the gracious speaker, Lt. Col. Sophia Oureshi. Her words were aimed at promoting the participation of women in **Indian Defence Services.**

MESSAGE FROM THE BOARD

Jai hind!

No journey is ever completed without having its own set of ups and downs, similar was the one I came across on my road of being a part of NCC, my road to being a part of Miranda House NCC Coy.

Back then in 2019, this girl looking at herself in the mirror preparing herself for Selections to the National Cadet Corps of Miranda House didn't realize how tremendously prominent this organization would become in her life.



SENIOR UNDER OFFICER NIDHI RANI SHILL

We all know that NCC is just a three year long training that some of us volunteer to get ourselves into but believe me most of us do fail to realize that it is "Just three years" that we would be blessed to be a part of this organization. I have been myself grown not just physically but more importantly mentally. And most of the credit for any such change could be given only and only to Miranda House NCC.

No I'm not saying that you would see a change in your personality by just getting yourself enrolled in the Coy. But you definitely will see yourself groomed if you walk along hand in hand with this organization for the entire span of three years wholeheartedly!

I promise that though NCC is going to teach you about the marching, the guard, the uniform, the salutes, the ranks but the soaring hands after all that marching, the blood on your hands due to the rifle, the shoe bite due to continuous hours of practice are all prices of hard work!

Remember that Mark on your foot says your story of how everyday even after thought of giving up most of the time you actually did not!

The blood due to hitting the rifle is a reward and shall remind you of exceeding yourself everytime!

I can probably write books on how NCC grooms your personality or helps you even in the most minute decision making.

But here I shall take the time to tell you my dear Athena, you have been doing great already just never forget to step out of your comfort zone and spread your wings and you will soon be ready for the final fly. Remember I'm proud of you!

Please remember you are being watched always.

Just never stop learning and you my dear shall never stop shining.

Sending all the luck, love, power and patience to you all.

Last but not the least ,sharing my mantra that definitely is going to help you in your days of being a part of NCC.

कर्मण्येवाधिकारस्ते मा फलेषु कदाचन । मा कर्मफलहेतुर्भुर्मा ते संगोऽस्त्वकर्मणि ॥

- Do not let the fruit be the purpose of your actions, and therefore you won't be attached to not doing your duty.

Senior Under Officer Nidhi Rani Shill Jai hind

Listening to the stories told by seniors and getting inspired could be a short term motivation. An Athena can never be indolent, a girl with poor confidence and not ready to push her limits. I have seen many of you coming out of your comfort zones and proving yourself. In my journey with NCC over 3 years I have learn to cope up with a lot of uncertain situations, I have faced the harsh realities of life. This journey made me a human of divers situations. Consistency, hard work and being true to yourself pays off. This journey will put you face to face with the most we will bewildered decisions and it is yours to decide whether to stand there or not. Going through it will make you learn things for life, escaping from it will be equivalent to a situation where you went to the gym but did not exercise. NCC provides you with numerous opportunities and enhances your personality. It is not a platform for spoon feeding where someone will always be hammering on your head. We need to grab even the tiniest opportunity that it provides.

At last, this journey will provide you with infinite sweet and sour memories and it is you who will decide which one to choose. There is always something to learn from everyone be it your senior, your junior or your batchmate. Always learn to appreciate the right thing and motivate others who are working in the right direction. Always push yourself towards working for this organisation and not merely for professional or personal benefits. NCC will bless you with people, memories and lessons that you will cherish for lifetime.

Wishing an entire universe of luck, strength and love to each and every Athena out there, keep making all of us proud!



JUO PRAGYA GOSWAMI

Junior Under Officer Pragya Gowswami



JUO MONIKA

विवेकख्यातिरविप्लवा हानोपायः । अर्थात:- निरंतर अभ्यास से प्राप्त निक्ष्चल और विवेकज्ञान हान (अज्ञानता) का उपाय है।

Jai hind Athenas!!

My roller coaster journey of NCC has been started from the very beginning of July 2019, When everybody was relaxing in their hostels, pg rooms and we, the cadets of MHNCC COY were rolling themselves over the NCC ground. Even in this pandemic, we all didn't felt seperated from NCC ground. But one lesson which I would cherish for my life is, the opportunities that NCC has given me to change my personality inside out, the introspection that no other society would have given me, the family, the experience of transition from a normal student to a cadet is the best one, wearing uniform for the first time, then being 'ma'am' is the second best experience which you would feel from the very first day of your second year. And now being the senior most, doing all the duties from squad handling, guard commanding to the management of events, gradually makes you a responsible citizen of your country.

So according to my personal experience, i would suggest everybody to just enroll themselves in NCC if they wanted their lives to be more out of the box.

Junior Under Officer Monika

Jai hind

We come across many people in our lives, some become close to us while some become a family.

Miranda House NCC Company is a family that teaches you to be together and be head strong in situation. One thing that I have always believed in is "Whatever you do put your head, heart and hands into it". Don't worry about the outcomes, just keep working with consistency and pure dedication. Life is full of surprises, take every situation as a challenge. Keep exploring yourself. These 03 years will change your perspective on how capable you are. You might not be confident initially but as time passes by these three years of NCC with proper guidance will surely change your perspective from "I CAN'T DO IT" to "I CAN DO IT".

Wishing all the cadets a good luck for the future endeavours.

Junior Under Officer SAGARIKA BOSE



JUO SAGARIKA BOSE

"If you want to be outstanding, you have to get away from the crowd."

This quote rightly conveys my thought, from the very first day I wore NCC uniform I knew I will stand out in the crowd- As not every student is a cadet and a cadet always shines.

NCC has truly given me those opportunities that I otherwise can't afford to dream - at the end of the day not everyone knows the essence of drill and not everyone get to go for firing.

These three years in NCC has truly been a beautiful journey which has its own share of ups and downs and I shall cherish both of them and keep learning from them.

NCC gave me an opportunity to see the world in different perspective - camps, ground activities and friends, all of them helped to learn, how to unlearn and then relearn.

It definitely is a hard time for all of us to say goodbye to the COY, but i go with the good old Saying among the NCC family-"once a cadet, always a cadet".

Also big cheers to the future torch bearers of the COY who will take MH NCC COY to much greater heights.



CSM MANYA M KUMAR

Company Sergeant Major Manya M Kumar



CQMS VANSHIKA SRIVASTAV

Jai hind

Being a part of the coy has always been full of fun, enthusiasm and surprises. From being a Cadet to being the Company Quarter Master Sergeant of Miranda House NCC Coy has taught me to stand by ever the most difficult situations with the brightest smile.

You just need to be patient, concentrated and have the zeal to learn each day!

Every day is a new opportunity and every opportunity brings in a whole new set of experiences and every mistake is an opportunity to learn something new.

I just want to extend my warmest wishes to each of my dear Athena. May all of you pursue the greatest in life with that beautiful smile on your face.

Company Quarter Master Sergeant Vanshika Srivastav

JAI HIND

All limitations are self-imposed.

- Oliver Wendell Holmes

After the rigorous training of 3 years, calling thyself ATHENA is somewhat flattering and full of pride indeed. Joined NCC to challenge my DAD but stayed till the end to challenge my own physical and mental ability. Pushing my own limit is one of the learnings I've learned with full zeal. From being a Noob cadet (in 1st year) to commanding cadets on ground (in 3rd year), I owe a lot to this organisation where learning was there at every stage of training (even in ragda sessions). The experience, learnings, memories and the exposure i got here via National camps is somewhat I'll cherish my whole life (definitely gonna miss the exemplary refreshments given after official classes of NCC every Friday i.e. Banana-Apple and frooti).

Learning "Theory of Power" in political science classes and here "witnessing in practical" was indeed helpful.

In a nutshell, MH NCC COY ultimately became a family, where clashes are there but standing rock strong together when required.

Once an ATHENA always an ATHENA.

Sergeant DEEPIKA BAIRWA



SERGEANT DEEPIKA BAIRWA

Jai Hind!

Life is a journey and NCC being the best part of it. From the day of enrollment till the day of farewell, this organisation teaches us every aspect of life. It gives us a way of life, a legacy to be followed. I would like to highlight some takeaways for you, which indeed you can consider as my philosophy of life which NCC teaches me.

The first and foremost thing is, people don't follow your words they follow your actions. So act in a way you want the world around you to act. Take actions that make a good change in you everyday. Because at last, only your actions will give you results. If you ever want to achieve anything in life don't just dream for it, take action.

Secondly, your aura matters a lot, feed your mind with positivity every single day. Where your physical abilities can't take you, your mind can. As I have always said 'shareer nhi thakta, thakta hai keval dimaag, isko bolo hum karenge'. Mind is the most powerful weapon keep it loaded with positive strength.



SERGEANT SHWETA SINGH ANTAL

Third thing is, start being accountable. Be accountable for every move you make, every action you take. The direction in which you are leading your life is hundred percent your responsibility. At the end you are responsible to be the person you are. So try to be the best version of yourself. Accept your mistakes, learn from them and lead your life in correct direction. Always remember 'A person who never commits a mistake never learns something new'. So Just do it. Do whatever you can with your one wild and precious life. It's only you who is going to make it happen.

There is so much to share but long story short, keep a wide smile on your face and face everything whatever comes your way. Have faith, trust your Instincts, You Can & You Will!!

_With Strength

Sergeant Shwetha singh Antal

Jai Hind

"It is the size of one's will which determines success"

NCC is not just a mere 3 years journey for me, it is the bond for me to my real self. This organisation made me more dedicated, confident and self reliant person. I learnt how to balance different things, how to do multiple tasks at the same time. There were many ups and downs but love towards this organisation did not change. This was one of the best decisions I have ever made. *This was not easy, but I am proud of the fact that I finally did it!!*

I would like to say just one thing that don't stop until you reach the finishing line, it was your decision to come here so fulfill the commitment you have made to yourself. You can do everything you want, there is nothing in this world which you can't do, it just needs hard work, determination and consistency.

Sergeant Drishti Garg



SERGEANT DRISHTI GARG

Athenas in Media

Imagine with all your mind. Believe with all your heart.

Achieve with all your might.





The fragrance of success itself is enough to pull forth the accolade. The countless aberrant accomplishments of the Athenas subsuming the cadets marching on the Rajpath, acquainting the skies in the Parasailing Camp, performing in PM Rally and recieving the ADG Award of Excellence, are more than suitable to ear the recognition of the National Media.





PILLARS OF MH NCC COY



Ms. SONALI CHITALKAR
CTO cum ASSISTANT PROFESSOR
(Political Science)



SUO NIDHI RANI SHILL B.SC. PHYSICAL SCIENCES



JUO SAGARIKA BOSE B.SC. PHYSICAL SCIENCES



JUO MONIKA B.A. (HONS) SOCIOLOGY



JUO PRAGYA GOSWAMI B.A. (HONS) HINDI



CQMS VANSHIKA SRIVASTAV B.A. (HONS) HINDI



CSM MANYA M KUMAR B.SC. (HONS) PHYSICS



SGT DRISHTI GARG B.SC. (HONS) MATHEMATICS



SGT SHWETA SINGH ANTAL B.A. (HONS) SOCIOLOGY



SGT DEEPIKA BAIRWA B.A. (HONS) POLITICAL SCIENCE

EDITOR'S NOTE



CPL NITESH KUMARI B.A PROGRAMME



CPL AMARA THEJASWINI B.A.(HONS) ECONOMICS

Being a part of MIRANDA HOUSE NCC COY in itself is a matter of pride. We feel truly elated to be able to work as the editors for the Newsletter 'TEJASWINI' (Vol. - 6). This Volume of the newsletter will surely bring much more excitement and memories to be cherished forever as this year has been an exemplary one, as the cadets brought magnificent accolades to enhance the glory of the COY.

From learning to implementing the ideas, the journey has been quite astounding. With the constant support and guidance of Sergeant Drishti Garg, we were able to explore our potentials and enhance our skills. We realised that this responsibility was much greater in itself and it turned out in making us more hard working, punctual and compassion towards our work.

'Tejaswini', the name itself depicts the strength and determination of our COY. This legacy is passed on every year. We feel highly honoured to present it to you all. We hope that going through each page makes your smile much more broader. We are extremely grateful to the cadets who worked diligently in making of this newsletter.

The efforts of CPL Nandini and CDT Jyoti are highly appreciable. The power packed bunch of energy of the cadets, only made it possible to create such a beautiful version of all round-year activities of the Company.

We look forward for a great response from the readers.

Jai Hind!

"A dream does not become reality through magic, it takes sweat, determination and hardwork."

For any NCC cadet it's an honor to be a part of any prestigious National camp whether it is RDC, TSC, PM RALLY and more. Like every other cadet I wanted to be a part of Republic day camp and March on Rajpath.

Well, it all started in August 2021, I came to Delhi for the very first time because of NCC practices in college. Basic training was given by our seniors in college.

Then happened RD selections, which was the turning point.

There were 7 stages of selection procedures for RDC including pre RDC. With strong zeal, sheer determination and lots of hard work, I was able to make it to the final team of RDC, Rajpath, Delhi Directorate team. Being the only SW selected from Delhi Directorate (Group B) for Rajpath, I had an invisible pressure to prove at every stage of selection. In the camp when I made to the final selection for Rajpath, my next aim was to be the right marker of the contingent. I tried my level best and showcased everything which I have learned till now and became right marker of the contigent.

There were sleepless nights and painful days where we used to get up at 2 am for practice. I also did Table Drill, which was a nice experience and I was the pilot along with my buddy of Delhi Directorate.

I still remember that my whole body used to ache during practices but when I finally made to the final team of Rajpath, that was the moment I felt relieved and was proud of myself for bearing till the end. My super senior SUO Arukshita (RDC 2020) and my senior CSM Manya M Kumar (RDC 2021) were the role models and I wanted to carry on their legacy.

Finally on 26th January I marched in Rajpath as right marker and that was the best feeling and a lifetime memory. Add on to that, I was a part of PM rally Delhi Directorate marching contingent too.

I am thankful for the constant support I got from my family, my seniors, my batchmates, my friends,ma'am and Principal ma'am. Their motivation, helped me to tackle all the difficulties. RDC is a memory which I will cherish for lifetime. I am extremely happy and take pride in being one of the ATHENA of MH NCC COY.

Thank you!!

Jai hind

Cdt. Manasvini

